

# HAWAII PALMS ACTIVITIES

HAWAII  
PALMS  
ENGLISH SCHOOL



## New and exciting things to do every week

Speak English and make new friends while you explore Hawaii.

Join your classmates and us as we explore the culture, nature, food, and the people that make Hawaii such a unique, tropical paradise.



**YOGA:** Learn English through Yoga and Yoga through English. We offer FREE yoga classes the second Thursday of every month. We can also help you book studio yoga lessons, SUP yoga, and participate in yoga events.



**FOOD:** Enjoy our diverse island cuisine. We go to farmers' markets and luaus, go on island-wide gourmet tours, and organize cooking lessons!



**NEIGHBOR ISLAND TRIPS:** Explore our neighboring islands with a Palms teacher. See the sunrise from atop Haleakala on Maui, the splendid Waimea Canyon on Kauai. Spend two days with us and create memories for a lifetime!



**HIKING:** Lace up your hiking boots and let's explore Oahu's stunning nature. Hike Diamond Head, Coco Head, Lanikai Ridge, Maunawili Trail, and more. For the early birds, watch the sunrise at Makapu'u.



Let's have some fun in the sun at our monthly potluck BBQ with students, teachers, and staff. Bring something to share and we'll take care of the rest. There will be burgers, hotdogs, laughter, and lots of English conversation.

Check out the Activities page on our website for this month's activity calendar